

PRESENTATION TIPS



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Benefits to taking command of a room:

- ★ Increases your self confidence and conquers fear.
- ★ Enlarges your circle of influence.
- ★ Expands your leadership capacity.
- ★ Opens doors to new opportunities.
- ★ Increases your level of personal mastery: both attitude and skill.
- ★ Improves your communication skills.
- ★ Enhances networking, interviewing skills & interpersonal situations.
- ★ Empowers you to overcome challenges of all kinds.
- ★ Advances you towards your desire to make a difference and to live your dreams.
- ★ Enables risk-taking.

Presentation Tips:

- ★ Vision -- write down a descriptive picture of yourself as a confident and dynamic speaker.
 - **Be** - the qualities and traits you want to demonstrate.
 - **Do** - what you are doing to be effective and powerful.
 - **Have** - the impact and results you see for yourself.
- ★ Identify qualities powerful speakers have. Look to where you already demonstrate those same qualities in your life. Be sure to include them in your vision.
- ★ Get out of your own way -- be yourself and be real.
- ★ Recognize the value of your anxiety or fear. Then leverage it.
- ★ Plan your message by first walking in your audience's shoes.
- ★ Talk yourself into a powerful state by using your past successes as the springboard.
- ★ Speak on purpose.
- ★ Move deliberately.
- ★ Connect and include your audience by interacting with them. I.e. ask a question.
- ★ Use your breath to find your power -- breathe slowly and deeply.
- ★ Have Fun -- energize yourself, your message and your voice.



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