



2010 Family Testimonials

Thank you so much for the opportunity to take part in your wonderful workshop. The speakers were great....interesting, funny and with the ability to connect with teenagers and adults. Our coaching session was awesome and K...(teen daughter), S...(partner) and I will be meeting with our coach in May to move forward with more coaching. K... would have to tell you in her own words what she thought but she is very much in favor of the continued coaching so I would say that she gained a great deal from the event. **P.C. - Mother, Calgary**

I participated in informative breakout sessions and one-on-one coaching. I enjoyed the smaller group sizes, which made it feel more personal. I will bring my spouse and my teenager to the next one!! There was plenty of print material and resources provided. I would highly recommend this to any parent/family with teenagers. **J.C - Mother, Airdrie**

I only had the chance to attend one (1) and a part of another session - informative, and nice cozy setting where questions were welcome and easy to ask. It was an enormously valuable introduction to how the coaching process works, with different coaches and coaching styles. **J.T. - Mother, Calgary**

Saturday was a wonderful opportunity for N...(teen son) and I break some bad ruts and see each other in a new light. Afterwards we went to see the funny movie Date and off to the bookstore for N... to get new reading material. (We love to read together) We really appreciated the work with our coach, Lisa. Again, my heart felt appreciation for this opportunity for us. **S.B. - Mother, Calgary**

The speakers had a lot of good advice and I appreciate the factual evidence and encouragement. My favorite part was my individual coaching session. It really – really helped me and I loved her visual style of coaching – thank you. **A. T. - Teen, Calgary**

COMMUNITY GATHERS TO ELIMINATE TEEN-PARENT CONFLICT



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