

TRUDY PELLETIER



Certified Executive Coach and Facilitator



*Connect with me,
Trudy*

Trudy Pelletier, principal of Simply More Inc is a Certified Executive Coach, a certified facilitator for fierce.® CONVERSATIONS® and a faculty member of Canadian Management Centre. She is a facilitator of Meaningful Dialogue™ which is a frank conversation about the tough issues. She specializes in leadership development and communication skills providing individuals, teams and organizations coaching services, facilitation and training. Trudy has over 25 years in soft skills training, leadership and communication skill coaching as well as business experience in senior positions in both sales and management.

Trudy has been helping people for more than 25 years see themselves differently by exploring and uncovering their limiting perceptions, assumptions and beliefs they have. She empowers people through transitions, take on the real challenges and facilitates action whether it is situational professionally or personally or a life dream that appears too big to follow. She inspires new understanding for people to recognize and honor all aspects of human nature in themselves and in other people. Her thought provoking questions lead into a depth of self discovery that increases awareness for the self and other. Clarity and action are the results which connect people to the power to transform their lives to **Be More – Do More – Have More**.

Differentiators:

Often, people have their own answers; and when they discover it for themselves, they own it. It just takes the right question(s). That is the unique opportunity and difference in working with Trudy.

Trudy is...

- ★ A Certified Executive Coach and a member of the International Coaching Federation
- ★ A certified facilitator for fierce.® CONVERSATIONS®
- ★ A Professional Member of the Canadian Association of Professional Speakers
- ★ A trained facilitator of the Demartini Method®
- ★ A faculty member / facilitator for the Canadian Management Centre™
- ★ A member of the Alberta Business Family Institute



403.510.6187
trudy@simplymore.ca